

Lake Francis Outdoor Ed

Covid 19 Policies

2022



Overview

The staff at Lake Francis outdoor Education Camp will be using a layered approach for the prevention of Covid-19. This will include students being screened for symptoms of Covid-19 prior to arriving at camp, daily health screenings while at camp, appropriate usage of PPE including well-fitted masks that cover the nose and mouth, the use of pods and other group structures, healthy hygiene practices, physical distancing, and routine cleaning and disinfecting of camp facilities and supplies.

Covid-19 testing and screening will be implemented based on guidelines for the California Department of Public Health and the Yuba County Department of Public Health.

1. Everyone staying overnight at Lake Francis Outdoor Ed Camp must be Covid tested before arrival at camp.
2. A general health check will be done prior to arrival at Lake Francis Outdoor Ed Camp including a temperature check and general health questions.
3. Everyone will be required to bring and wear masks. We recommend 1 mask per day plus 1 extra. These will be utilized indoors and when social distancing is not possible. There will be many opportunities to wash hands, use hand sanitizers and you will be outdoors for the majority of your time with us:
 - a. Masks will not be required while eating or sleeping
 - b. We recommend sending your camper with a carabiner clip (or other kind of clip) to secure their mask to a string, lanyard, or backpack when not in use.
4. Each school will be their own pod and each classroom group will be their own Trail Group. For overnight programs, each classroom group will be split into cabin groups, eight (8) per cabin. No classroom group or school pod will stay in a cabin with a different classroom group or school pod.
5. Lake Francis Outdoor Ed Camp will maintain close communication with local health authorities. We will monitor local, state, and federal orders, case numbers, control measures, and changes in guidelines from those health authorities. New and pertinent information will be shared with schools and staff as it becomes available. Training regarding safe practices to reduce the risk and speak of Covid 19 will be conducted for all staff and students.

1) Covid Testing

For schools staying overnight at Lake Francis Outdoor Ed Camp, School staff, students and adult chaperones must be symptom-free and show proof of a negative Covid-19 test before boarding the bus, regardless of vaccination status. PCR tests must be completed 72 hours prior to arrival, Antigen Tests must be conducted within 24 hours prior to arrival. Test results must be submitted to Lake Francis Outdoor Ed Camp Director at time of arrival. Test results should include students' name, school, test date, type of test and result.

2) Health Check

Students attending Lake Francis Outdoor Ed Camp will need to participate in a health screening prior to arrival at camp. Temperature screening will be required before boarding the bus. For children and adults, fever is 100.4 degrees or above.

Health Check Questionnaire

- Do you or your child live with anyone who has recently had or currently has a fever, cough and/or shortness of breath, headache, loss of taste or smell, sore throat, congestion, or runny nose within the past 5 days?
- Do you or your child live with anyone who has recently had or currently has any signs of communicable illness such as cold, flu, rash, fatigue, body aches, or inflammation within the past 5 days?
- Do you or your child live with anyone who has recently had or is currently experiencing diarrhea or vomiting within the past 5 days?

Students answering yes to any of the above questions will be excluded from attending Lake Francis Outdoor Ed Camp.

3) Masks

All staff and participants, including adult chaperones, teachers, etc., must wear face masks in high-risk situations, according to CPDH guidelines including:

- While in line to enter or having entered any indoor space.
- While walking through common areas in buildings.
- While residing in indoor spaces, working or learning around other people who are not from the same household.
- While driving or riding in a Lake Francis vehicle with other staff or participants.
- Masks will be optional when students are outside with their established small group pod. When small group pods must mingle, masks will be required even outdoors.
- Masks will not be required when students are eating or sleeping.
- Staff and participants can use well-fitting cloth masks with two or more layers of tightly woven, breathable fabric, or disposable masks.
- Each school will bring masks in case replacements are needed or students are without. Lake Francis Outdoor Ed Camp will also have a supply of disposable face masks.

Staff will help ensure masks are present and worn correctly when needed.

Mask exemptions

Staff and participants will be exempt from wearing a face mask under the following circumstances:

- Persons who are eating, working, playing, learning, and exercising outdoors in their small group cohorts
- Staff or participants who need assistance with an injury or condition on the face
- Persons who are two years of age or younger
- Persons with medical conditions or disabilities that prevent them from safely wearing a face mask
- In a situation where a face mask could obstruct breathing
- If a participant is unable to remove their own mask
- Lake Francis Outdoor Ed Camp will require a signed note from a licensed medical provider that has cared for the child verifying the medical exemption.

Staff and participants who refuse to follow these policies will be excluded from the program and the site.

For more information on proper masking see CDC guidelines at www.cdc.gov

4) Trail Groups and Cabin Groups

Day Camp

Schools joining us just for the day will utilize their classroom groups as separate Trail Groups throughout the day, this includes students, teachers and chaperones. You will remain with your Trail Group through hikes, classes, lunch, and all activities. We encourage all participants to stay within their day Trail Group unless a switch is needed for a student's overall safety and well-being.

Overnight Camp

Schools joining us overnight will be separated into larger Trail Groups consisting of classmates and will be divided into smaller Cabin Groups (8 students per Cabin Group) for sleeping. Participants will be asked to remain in their designated Trail Groups and Cabin Groups while participating in hikes, classes, meal-time, and recreational activities. We will also be asking teachers and chaperones to remain with their Trail Groups and Cabin Groups.

Other Steps to Reduce the Risk of Spreading Covid 19

Cleaning Facilities and Equipment

Staff will be trained on proper cleaning and disinfecting practices including proper use of gloves, following labels, and when to clean and disinfect used areas.

Travel To and From Lake Francis Outdoor Ed Camp

Schools and their districts will determine how students travel to and from LFOE Camp. They will monitor seat spacing and pre-arrival health checks.

Outdoor Spaces

Outdoor Education naturally lends itself to outdoor spaces and distancing. Any activity that can be done outdoors will be outdoors. If indoor spaces are needed, windows and doors will be opened to promote air circulation whenever possible.

Covid 19 Vaccination

The COVID-19 vaccination is a tool to reduce the risk in public settings while protecting family, friends, and others. According to the Center for Disease Control, everyone aged 5 years and older is recommended to be vaccinated against COVID-19.

COVID-19 vaccines protect people with weakened immune systems, including those who take immunosuppressive medications. Prior to camp, visiting school administrators should advise staff and parents/caregivers/guardians of campers with weakened immune systems of the importance of talking to their health care providers to discuss their activities and extra precautions they may need to take to prevent COVID-19.

Lake Francis Outdoor Education will not ask participants for vaccination status or proof of vaccination. The program will assume that not all participants are vaccinated and established guidelines will apply to all participants regardless of vaccination status.